Assumption of Risk and the Medical Malpractice Conundrum

NADIA N. SAWICKI, J.D., M.BE.

GEORGIA REITHAL PROFESSOR OF LAW ACADEMIC DIRECTOR, BEAZLEY INSTITUTE FOR HEALTH LAW & POLICY LOYOLA UNIVERSITY CHICAGO SCHOOL OF LAW

ASSOCIATION OF AMERICAN LAW SCHOOLS ANNUAL CONFERENCE – JANUARY 2019



- **I. Setting the Foundation:** *Yes, Virginia, there* <u>is</u> *assumption of risk in medical malpractice cases.*
- **II. A Conundrum:** When considering plaintiff's knowledge of defendant's breach, differing instincts in traditional assumption of risk cases and medical assumption of risk cases.

III. Possible Resolutions: Can these differing instincts be justified doctrinally?

Setting the Foundation

See Sawicki, Choosing Medical Malpractice, 93 WASH. L. REV. 891 (2018)

"...[A]n agreement between a hospital and an entering patient affects the public interest and ... in consequence, the exculpatory provision included within it must be invalid[.]"

Tunkl v. Regents of Univ. of Cal., 383 P.2d 441, 447 (Cal. 1963).

<u>Tunkl</u> reasoning has been extended to invalidate:

- Exculpatory agreements between patients and physicians
- Implied assumption of risk defenses by physicians and hospitals

Why Reject AoR and Waivers for Malpractice?

- Physicians hold **unwaivable duties**
- Imbalance in **bargaining power** between patients and physicians
- Information disparity between patients and physicians

But see: Experimental treatment cases; Jehovah's Witness cases; and potentially many other contexts!

Why Reject AoR and Waivers for Malpractice?

• Physicians hold **unwaivable duties**

- *But* when a medical service is deemed to be of social value, courts <u>will</u> waive the duty to comply with the standard of care
- Imbalance in **bargaining power** between patients and physicians
 - *But* when patients "choose malpractice," there is no power imbalance they are seeking out and receiving their first choice of treatment

• Information disparity between patients and physicians

• *But* the purpose of informed consent is to correct this information disparity

Accepting AoR and Waivers for Malpractice

<u>According to courts</u>:

- Service is **societally valuable**, as determined by judge/jury
- Patient receives **first choice of treatment**, performed **per expectations**
- Patient has full **knowledge of risks and benefits**

<u>Proposed additional requirements for patient protection:</u>

- Physician satisfies **basic informed consent duties**
- Physician discloses **conflicts of interest**
- Physician discloses that treatment is **[arguably] outside the standard o** care

A Conundrum: Knowledge of Negligence

Accepting Medical Risks

A patient may knowingly choose to accept:

- Inherent risks of treatment
- Risks of **negligent performance** of treatment
- Inherent risks of treatment that is **negligently offered**

Inherent Risk

P accepts a X% risk of injury that is inherent in an activity performed by D, even when performed with all due care (*inherent risk*)

A Medical Case:

- D physician correctly informs P that 40% of patients experience nausea as a side effect of intravenous administration of medication X, and that 10% of patients experience infection at the IV site.
- P consents, and <u>D exercises all due care in administering the treatment</u>.
- P suffers nausea as a side effect.

"Primary Assumption of Risk": D has breached no duty of care, so P cannot recover.

Inherent Risk

P accepts a X% risk of injury that is inherent in an activity performed by D, even when performed with all due care (*inherent risk*)

A Traditional Case:

- P, an experienced skier, chooses to ski what looks like an extremely difficult trail at D's ski slope.
 - <u>D has exercised all due care in maintaining the trail</u>, which is intended to be extremely difficult.
- P knows that accidents happen even under the best of circumstances, and by looking at the condition of the trail accurately estimates that there is a 10% chance that he will break his leg while skiing down it.
- P skis down the trail and breaks his leg.

"Primary Assumption of Risk": D has breached no duty of care, so P cannot recover.

Negligent Performance

P accepts a X% risk of injury that is caused by D's failure to exercise due care in performing the activity (*negligent performance*)

A Traditional Case:

• P, an experienced skier, chooses to ski what looks like an extremely difficult trail at D's ski slope.

- D has <u>not exercised all due care in maintaining the trail</u>, which is intended to be <u>moderately</u> <u>difficult</u>. Unbeknownst to P, the <u>extreme condition resulted from D's negligence</u>.
- P knows that accidents happen even under the best of circumstances, and by looking at the condition of the trail accurately estimates that there is a 10% chance that he will break his leg while skiing down it.
- P skis down the trail and breaks his leg.

Secondary Assumption of Risk: D has breached a duty of care, but P voluntarily chose to encounter the resulting risk. P can bring a negligence suit, but recovery will be limited.

Negligent Performance

P accepts a X% risk of injury that is caused by D's failure to exercise due care in performing the activity (*negligent performance*)

A Medical Case:

- D physician correctly informs P that 40% of patients experience nausea as a side effect of intravenous administration of medication X, and that 10% of patients experience infection at the IV site. The stated risk of infection takes into account the fact that something, somewhere, might go wrong; it does not assume perfect administration.
- P consents. Unbeknownst to P, <u>D fails to wash his hands before administering the drug</u>.
- P develops an infection at the IV site as a result of D's breach of duty.

Secondary Assumption of Risk? D has breached a duty of care - but has P voluntarily chosen to encounter the resulting risk? Unclear.

Negligent Offer

P accepts a X% risk of injury that is caused by D's failure to exercise due care in offering the activity (*negligent offer*)

A Medical Case:

- D physician correctly informs P that 40% of patients experience nausea as a side effect of intravenous administration of medication X, and that 10% of patients experience infection at the IV site.
 - <u>D informs P that it is outside the standard of care to prescribe this medication</u> for P's condition; therefore, it is clear to P that D's selection of this treatment was malpractice.
- P consents, and <u>D exercises all due care in administering the treatment</u>.
- P suffers nausea as a side effect.

Secondary Assumption of Risk? D has breached a duty of care - but has P voluntarily chosen to encounter the resulting risk? Probably yes.

Negligent Offer

P accepts a X% risk of injury that is caused by D's failure to exercise due care in offering the activity (*negligent offer*)

A Medical Case:

- D physician correctly informs P that 40% of patients experience nausea as a side effect of intravenous administration of medication X, and that 10% of patients experience infection at the IV site.
 - <u>Unbeknownst to P</u>, it is <u>outside the standard of care to prescribe this medication</u> for P's condition; therefore, D's selection of this treatment was malpractice.
- P consents, and <u>D exercises all due care in administering the treatment</u>.
- P suffers nausea as a side effect.

Secondary Assumption of Risk? D has breached a duty of care - but has P voluntarily chosen to encounter the resulting risk? Many would say no.

Negligent Offer

P accepts a X% risk of injury that is caused by D's failure to exercise due care in offering the activity (*negligent offer*)

A Traditional Case:

- P, an experienced skier, chooses to ski what looks like an extremely difficult trail at D's ski slope.
 - D has <u>exercised all due care in maintaining the trail</u>, which is intended to be extremely difficult. However, the trail is so difficult that <u>it is unreasonable for a ski slope operator to even</u> <u>offer such an opportunity to skiers</u>, though <u>P is unaware of this fact</u>.
- P knows that accidents happen even under the best of circumstances, and by looking at the condition of the trail accurately estimates that there is a 10% chance that he will break his leg while skiing down it.
- P skis down the trail and breaks his leg.

Secondary Assumption of Risk? D has breached a duty of care - but has P voluntarily chosen to encounter the resulting risk? Many would say yes.

Negligent Offer

If <u>P knows that proceeding with an activity poses a **X% risk of injury** ...</u>

... <u>does it matter</u>, for assumption of risk purposes, whether P <u>also knows</u> that the D's offer of the activity in and of itself constitutes a <u>failure to exercise</u> <u>due care</u>?

- *Skiing:* Instinctual response, for many, is no it doesn't matter.
- *Medicine:* Instinctual response, for many, is yes it matters!



Factual Differences: Plaintiff's Knowledge

A factual claim:

- Patients lack the expertise to know what treatments fall outside the standard of care (unless disclosed by the physician).
- People engaging in other risky activities do know whether those activities are unreasonably dangerous.

But is this factual claim true?

Factual Differences: Plaintiff's Knowledge

A factual claim:

- Patients lack the expertise to know what treatments fall outside the standard of care (unless disclosed by the physician).
- People engaging in other risky activities do know whether those activities are unreasonably dangerous.

But is this factual claim true? Not really.

 See e.g., <u>Charrell v. Gonzales</u> (NY App. Div. 1998) (coffee enemas); <u>Boyle v. Revici (2nd Cir. 1992)</u> ("investigational" consumption of mineral compounds, baking soda, vinegar, and eggs)

Legal Differences: Defendant's Breach

Physicians in negligent offer cases are **breaching two duties**:

- **Duty to select** treatment that falls within the standard of care *(malpractice)*
- **Duty to disclose** when treatment falls outside the standard of care *(informed consent)*

But is this legal claim true?

Legal Differences: Defendant's Breach

Physicians in negligent offer cases are **breaching two duties**:

- **Duty to select** treatment that falls within the standard of care *(malpractice)*
- **Duty to disclose** when treatment falls outside the standard of care *(informed consent)*

But is this legal claim true? Not really.

- Informed consent only requires disclosure of treatment's *inherent risks*
- *See e.g.*, FDA approval cases; alternative cancer treatment cases.

Are Our Instincts Wrong?

If <u>P knows that proceeding with an activity poses a **X% risk of injury**</u>

... <u>does it matter</u>, for assumption of risk purposes, whether P <u>also</u> <u>knows</u> that the D's offer of the activity in and of itself constitutes a <u>failure to exercise due care</u>?

. . .

- *Skiing:* Instinctual response, for many, is **no it doesn't matter**.
- *Medicine:* Instinctual response, for many, is **yes it matters!**

Are Our Instincts Wrong?

If <u>P knows that proceeding with an activity poses a **X% risk of injury**</u>

... <u>does it matter</u>, for assumption of risk purposes, whether P <u>also</u> <u>knows</u> that the D's offer of the activity in and of itself constitutes a <u>failure to exercise due care</u>?

• *Skiing*: No – it doesn't matter.

. .

 Medicine: No – it doesn't matter. Patient <u>should</u> be barred from recovery <u>regardless</u> of whether the MD disclosed that the treatment is outside the standard of care.

Other Resolutions

Am I missing something?

 Are there other reasons for differential treatment of medical assumption of risk cases when it comes to P's knowledge of D's breach?

