AALS 2024 Arc of Career Panel

*The Experiential Sabbatical:*

*How a Semester in Practice Can Reignite Your Career*

*& Inspire Your Students*

**Experiential Sabbatical Timeline**

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| 8 months before target date | Consider an exploratory conversation to determine whether decision-makers are open to approving an experiential sabbaticalDraft a proposal setting out your vision, including specifics on outcomes and how you plan to accomplish them. Draft the proposal with a view to the decision-maker as reader, but also your target placement as reader.Start a journal of the process, so you can refer back to your thoughts and impressions throughout. |
| 7 months before sabbatical | Explore placements; meet with placement supervisor. Explain your goals, addressing any concerns such as confidentiality. |
| 6 months before | Consider your current schedule and how your new schedule will differ; plan for additional transportation or care for any being that depends on you. |
| 5 months before | Perform research on your placement. Speak to anyone you know who has worked there. Figure out the written and unwritten rules.  |
| 2-4 months before | Continue to think about what you want to get out of your sabbatical; prepare any new clothes you need; find out where you can park and how to get to your placement |
| 1-2 months before | Check back in with your placement to fill out paperwork and find out about on-boarding procedures |
| DAY 1 | Jump in, with a spirit of gratitude, humility, and curiosity! |
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